

# PERSONALITY

One common way of describing personality is to plot ourselves on four scales.

Please read the short descriptions that follow and then mark where you see yourself on these scales:

Introverted	1	2	3	4	5	6	7	Extraverted
Intuitive	1	2	3	4	5	6	7	Sensing
Thinking	1	2	3	4	5	6	7	Feeling
Judging	1	2	3	4	5	6	7	Perceiving

## How we relate to others:

**Introverted:** Persons who are introverted enjoy being with other people, but they find that being with others drains emotional energy from them, and they have to have a certain amount of solitude to “recharge.”

**Extraverted:** Persons who are extroverted receive emotional energy from being with other people, and they find that solitude drains energy from them. Extraverts can enjoy solitude, but they have to have time with other people to “recharge.”

## How we take in information:

**Intuitive:** Persons whose preference is for intuition often describe themselves as “innovative.” Intuitive persons like metaphor and imagery, and often understand complex ideas rather suddenly, “as a whole,” without knowing exactly how they know. Intuitive persons tend to be more interested in what “might be” than in what “is.”

**Sensing:** Persons whose preference is for sensing often describe themselves as “practical.” Sensing persons gather information bit by bit, and they focus on facts, data, and experience. Sensing persons tend to be more interested in what “is” than in what “might be.”

## How we make decisions:

**Thinking:** Persons who make decisions based on “thinking” focus more on facts, data, rules, and procedures than on how decisions will affect people.

**Feeling:** Persons who make decisions based on “feeling” focus more on how a decision will affect other people than on facts, data, rules, and procedures.

## How we structure our lives:

**Judging:** “Judging” persons tend to prefer outcomes to processes. They’re interested in structure, in meeting deadlines, in closure, in moving on to the next thing. Judging persons tend to like checklists and plans.

**Perceiving:** “Perceiving” persons tend to prefer processes to outcomes. They’re more interested in “going with the flow” and seeing what happens” than in making schedules and meeting deadlines. Perceiving persons tend to lose their checklists and plans, but this doesn’t bother them!

To learn more about your personality type, use the link below to get a free, online personality test.

- <http://www.my-personality-test.com> (64 questions)

**S.H.A.P.E. = Spiritual Gifts; Heart; Abilities; Personality; Experience**

Integrity Church

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